

Biography Dr. Mónica Manrique



Medical Doctor – University of Chile (1988)

Master in Medical Sciences with a mention in Clinical Nutrition – University of Chile (1995)

Postgraduate stay at Harvard University, USA (1992 – 1993) and Columbia University, USA (1994)

Diploma in Eating Disorder – P. Catholic University of Chile (2005)

Diploma in Positive Psychology, Enhancing People Institute (2010)

Director and founding member of the Chilean Association of Clinical Nutrition, Obesity and

Metabolism (2007-2011)

Director Chilean Chapter Global Alliance against Obesity and Related Diseases (2008-2011)

Head of the 1st Obesity Program in Chile, Nutrition Department. P. Catholic University of Chile (1993-2012)

President Obesity Study Group, Chile Medical Society (2014 to date)

Head of Clinical Nutrition Unit and Obesity Program, MEDS La Dehesa Clinic (2016 to date)