

Biography Professor Barry Popkin



Barry M. Popkin developed the concept of the Nutrition Transition, the study of the dynamic shifts in our environment and the way they affect dietary intake and physical activity patterns and trends in obesity and other nutrition-related noncommunicable diseases.

His research program focuses globally (both the US and low- and middle-income countries) on understanding the shifts in stages of the transition and programs and policies to improve the population health linked with this transition.

He is now actively involved in work on the program and policy design and evaluation side at global levels in an attempt to reduce demand for unhealthy food and increase that for healthy minimally processed and real food.