

## SCIENTIFIC PROGRAM – PLENARY SESSIONS BY DAY & POSTER TITELS AND AUTHORS

### DAY 1 – FRIDAY, FEBRUARY 23

Start time	Title	Speaker / Chair /Panellists
08.30	Official opening of the conference	Bob Pinedo
<b>8.40</b>	<b>SESSION 1: HEALTH GOVERNANCE OF NCD'S IN THE LAC REGION</b>	Adolfo Rubinstein (chair) Gabriel Vivas Francesconi (chair)
08.40	Introduction to Session 1	Gabriel Vivas Francesconi
08.50	Noncommunicable diseases: the best example for health inequalities	Paulo Buss
09.10	Q&A	
09.15	Public health - a Dutch Caribbean view	Izzy Gerstenbluth
09.35	Q&A	
<b>09.40</b>	<b>BREAK</b>	
10.10	Translational Communication to Address Inequities in NCDs Global Burden	Vish Viswanath
10.30	Q&A	
10.35	From implementation research to policy change in NCD: the role of politics	Adolfo Rubinstein
10.55	Q&A	
11.00	An exploration of health research programming in the Caribbean part of the Kingdom of the Netherlands	Soraya Verstraeten
11.20	Q&A	
11.25	The 5th Blue Zone M A R T I N I Q U E	Michel Poulain
11.45	Q&A	
11.55	PANEL DISCUSSION SESSION 1 Panel members	Adolfo Rubinstein (chair) Jean Crusol Ingemar Merkies Izzy Gerstenbluth Vish Viswanath Michel Poulain
<b>12.25</b>	<b>END OF SESSION 1</b>	
12.25	Lifestyle and Endothelium	Eduardo Barbosa Chair: Andrea Alimonti
<b>13.00</b>	<b>LUNCH &amp; POSTER VIEWING</b>	
<b>14.00</b>	<b>SESSION 2: COMPREHENSIVE APPROACH TO CVD PREVENTION</b>	Manuel Ramirez-Zea (chair) Vilma Irazola (chair)
14.00	Introduction to Session 2	
14.10	Fighting hypertension in Low- and Middle-Income Countries (LMIC): the role of implementation science	Vilma Irazola
14.30	Q&A	

Start time	Title	Speaker / Chair /Panellists
14.35	Implementing multicomponent interventions to control (pre)-hypertension in poor Latin American populations	Manuel Ramirez-Zea
14.55	Q&A	
<b>15.00</b>	<b>BREAK</b>	
15.30	Nutrition approaches to prevent cardiovascular disease	Robert Kelly
15.50	Q&A	
15.55	PANEL DISCUSSION SESSION 2 Panel members	Robert Kelly (chair) Claudio Mazul Roderik Kraaijenhagen Wilma Irazola Manuel Ramirez-Zea
<b>16.25</b>	<b>END OF SESSION 2</b>	
16.25	The Nutrition Transition: Dynamics and potential for slowing down or reversing the current pattern	Barry Popkin Chair: Camila Corvalán
17.00	Closing of Conference Day 1	David Khayat
<b>17.10</b>	<b>END OF DAY 1</b>	

**DAY 2 – SATURDAY, FEBRUARY 24**

Start time	Title	Speaker / Chair /Panellists
<b>8.30</b>	<b>SESSION 3: LIFESTYLE MEDICINE (LM)</b>	Jonathan Bonnet (chair) Ioan Hanes (chair)
08.30	Introduction to Session 3. LIFESTYLE MEDICINE. From a personal professional story to a European Medical Movement	Ioan Hanes
08.35	Introduction to Session 3 Lifestyle Medicine: Exercise is Medicine	Jonathan Bonnet
09.00	Q&A	
09.05	Sexual Health in Lifestyle Medicine	Ioan Hanes
09.25	Q&A	
<b>09.30</b>	<b>END OF SESSION 3</b>	
<b>09.30</b>	<b>BREAK</b>	
<b>09.55</b>	<b>SESSION 4: LIFESTYLE MEDICINE AND RESPIRATORY DISEASES</b>	Jose Pérez -Padilla (chair) Carlos Torres-Duque (chair)
09.55	Introduction to Session 4	Jose Pérez-Padilla
10.00	Respiratory impact of household air pollution from biomass fuels	Carlos Torres-Duque
10.20	Q&A	
10.25	Pre-COPD and other pre- or pseudo-diseases	Jose Pérez-Padilla
10.45	Q&A	
10.50	Impact of COPD in public health of Latin-America and future perspectives	Maria Montes de Oca
11.10	Q&A	
11.15	PANEL DISCUSSION SESSIONS 3 & 4 Panel members	Peter Harper (chair) David Khayat Jonathan Bonnet Ioan Hanes Carlos Torres-Duque Jose Pérez-Padilla Maria Montes de Oca Maria Borda
<b>11.45</b>	<b>END OF SESSION 4</b>	
11.45	Environmental carcinogens: emerging risk factors for liver cancer	John Groopman Chair: Jeremy Lim
12.20	Is modern food harming human health? (And what we can do about it)	Jeremy Lim Chair: Eduardo Cazap
<b>13.00</b>	<b>LUNCH &amp; POSTER VIEWING</b>	

Start time	Title	Speaker / Chair /Panellists
<b>14.00</b>	<b>SESSION 5: CANCER PREVENTION</b>	Luiz Antonio Santini (chair) Ashley Duits (chair)
14.00	Introduction to Session 5	Ashley Duits
14.10	Diversity, Ethnicity and Breast Cancer in Black Women	Olufunmilayo Olopade
14.30	Q&A	
14.35	Cancer screening at Caribbean Prevention Center - Fundashon Prevenshon (CPC-FP) in Curaçao	Bob Pinedo & Louise Elstak
14.55	Q&A	
<b>15.00</b>	<b>BREAK</b>	
15.30	The Paradoxical Situation in the approach of Cancer: treatment or/and control	Luiz Antonio Santini
15.50	Q&A	
15.55	The Latin-American Code against Cancer	Eduardo Cazap
16.20	Q&A	
16.25	PANEL DISCUSSION SESSION 5 Panel members	David Khayat (chair) Efrain Cambroner Keith Britton Evelien Dekker Olufunmilayo Olopade Luiz Antonio Santini Eduardo Cazap
<b>17.00</b>	<b>END OF SESSION 5</b>	
17.00	Closing of Conference Day 2	Peter Harper
<b>17.10</b>	<b>END OF DAY 2</b>	

**DAY 3 – SUNDAY, FEBRUARY 25**

Start time	Title	Speaker / Chair /Panellists
<b>08.30</b>	<b>SESSION 6: NUTRITION &amp; OVERWEIGHT</b>	Juan Rivera Dommarco (chair) Vish Viswanath (chair)
08.30	Introduction to Session 6	Juan Rivera Dommarco
08.40	Hidden nutritional challenges in combatting obesity in the Caribbean	Fitzroy Henry
09.00	Q&A	
09.05	Creating Healthy Food and Physical Activity in Schools: The Barbadian Experience: The Barbados School Nutrition Policy	Hedda Phillips-Boyce
09.25	Q&A	
09.30	Experimental Nutritional Interventions in Rural Guatemala: Findings from the INCAP longitudinal Study	María Fernanda Kroker-Lobos
09.50	Q&A	
<b>09.55</b>	<b>BREAK</b>	
10.25	Food Labelling and School Nutrition in Chile	Camila Corvalán
10.45	Q&A	
10.50	The Mexican experience with the use of taxes for reducing the intake of sugar-sweetened beverages	Juan Rivera Dommarco
11.10	Q&A	
11.15	Overweight in Poverty Areas and Among Immigrants in the Netherlands	Jaap Seidell
11.35	Q&A	
11.40	The need of a comprehensive and balanced approach for obesity prevention and control	Simón Barquera
12.00	Q&A	
<b>12.05</b>	<b>END OF SESSION 6</b>	
12.05	Social and environmental determinants of cardiovascular diseases in Latin America: insights from the SALURBAL Study	Ana Diez Roux
12.40	Q&A	Chair: Jaap Seidell
<b>13.00</b>	<b>LUNCH &amp; POSTER VIEWING</b>	
<b>14.00</b>	<b>SESSION 7: DIABETES</b>	Hanno Pijl (chair) Mónica Manrique (chair)
14.00	Introduction to Session 7	Chairs
14.10	Lifestyle Medicine for the Prevention and Treatment of Type 2 Diabetes	Hanno Pijl
14.30	Q&A	
14.35	Pre-Diabetes in Adolescents	Beatriz D'Agord Schaan
14.55	Q&A	
<b>15.00</b>	<b>BREAK</b>	

Start time	Title	Speaker / Chair /Panellists
15.30	Obesity and Diabetes: Diabesity	Mónica Manrique
15.35	Q&A	
15.55	PANEL DISCUSSION SESSIONS 6 & 7 Panel members	Simón Barquera (chair) Hanno Pijl Jhony A. De La Cruz-Vargas Manuel Ramirez-Zea Fitzroy Henry Hedda Phillips-Boyce María Fernanda Kroker-Lobos Camila Corvalán Juan Rivera Dommarco Jaap Seidell Beatriz D'Agord Schaan Mónica Manrique
<b>16.45</b>	<b>END OF SESSION 7</b>	
16.45	Closing of the conference	Bob Pinedo
<b>17.00</b>	<b>END OF CONFERENCE</b>	

## POSTER TITLES AND AUTHORS

*Presenting authors' names are underlined*

1. Proportion of cancer cases and deaths attributable to potentially modifiable risk factors in Peru before the COVID-19 pandemic  
*Jhony A. De La Cruz-Vargas, Willy Ramos, Lucy E. Correa-López, Nadia Guerrero, Joan Loayza-Castro, Irene M. Tami-Maury and Diego Venegas*
2. Associations between Metabolic Phenotypes and Breast Cancer Risk: A Systematic Review and Meta-analysis  
*Víctor Juan Vera-Ponce, Fiorella Elvira Zuzunaga-Montoya, Jenny Raquel Torres Malca, Joan Loayza Castro, Luisa Erika Milagros Vásquez Romero and Jhony A. De La Cruz-Vargas*
3. The Relationship Between Metabolic Syndrome and Benign Prostate Enlargement: A Case–Control Study in a Peruvian Military Hospital  
*José M. Vela-Ruiz, Valeria Ugarte-Carbajal, Rocío Guillen-Ponce, Lucy E. Correa-López and Jhony A. De La Cruz-Vargas*
4. Quality control of cancer screening programs in the Caribbean; findings from the population screening program for breast cancer in Curaçao  
*S.P.A. Verstraeten, L. Elstak, R. Ljumanovic, E. Heijnsdijk, H. de Koning, J.G. Hugtenburg, H.M. Pinedo*
5. Postnatal Overfeeding and Obesity Predisposition: A Preclinical Study  
*S. van Heijningen*
6. Skin autofluorescence measurement predicts CV risk factors prevalence in the general population  
*HE Boersma, MM van der Klauw, AJ Smit, R. Graaff, BHR Wolffenbuttel (poster presenter: J. Mulder)*
7. Colorectal cancer screening in Curaçao: implementation and first results  
*C. Franca, S. Blake, J. van Ierland, L. Elstak, M. van Haastert, M. van der Vlugt, E. Dekker, S. Verstraeten, H.M. Pinedo, J.G. Hugtenburg*
8. The 'BENEFIT for all' program: public-private ecosystem for healthy living  
*Sabine Pinedo, Linda D. Breeman, Veronica R. Janssen, Roderik A. Kraaijenhagen, Andrea W.M. Evers, on behalf of the BENEFIT consortium*
9. A Methodology-based Approach to the Implementation of Lifestyle Medicine at a State Level  
*Américo Villarreal Anaya, Vicente J. Hernandez N2 Gerardo Flores Sanchez., Gener J Avilés-Rodríguez, Lujhon G. Flórez, Jason M. Aragón, Ana De la Cruz A*
10. Empowering Health Professionals through Lifestyle Medicine: A comprehensive Training Program in Tamaulipas, Mexico  
*Lujhon G. Flórez G, Gener J Avilés-Rodríguez, Jason M. Aragón C, Ana De la CruzA, Gabriela Montoya, Victor Rivera H*
11. (Withdrawn)
12. (Withdrawn)



13. Designing a social marketing campaign for salt reduction in Sint Maarten: a formative research study  
*Ivanca Sterling, Raymond Jessurun, Dove Winbish, Swinda Richardson, Maria Henry, Mahmooda Khaliq, Sanne C van Kampen*
14. Stable hemoglobin concentration with the FOB GOLD® at high temperatures in a Caribbean colorectal cancer screening program  
*Shacara N. Blake, Tim L. Kortlever, Sue Ellen Verbrugge, Anneke J. van Vuuren, Evelien Dekker, Manon van der Vlugt, Jacqueline G. Hugtenburg*
15. Quality of Life and Lifestyle of Professionals at the Municipal Hospital of Foz do Iguaçu  
*João Paulo Batista de Souza, João Paulo Costa Braga, Roberto Almeida, Cezar Rangel Pestana, and Eduardo Wolfgram*